

Rain Gardens – Top 10 Design Considerations



Craig Kipkie M.Sc., P.Eng. Kerr Wood Leidal Associates

What is a Rain Garden?

"A rain garden is a planted depression that allows rainwater runoff from impervious urban areas like roofs, driveways, walkways, and compacted lawn areas the opportunity to be absorbed. This reduces rain runoff by allowing stormwater to soak into the ground." (Wikipedia)

Rain Gardens vs. Bioswales

"Rain gardens are at times confused with bioswales. Swales slope to a destination, while rain gardens do not; however, a bioswale may end with a rain garden."

"Vegetated roadside <u>swales</u>, now promoted as "<u>bioswales</u>", remain the conventional drainage system in many parts of the world from long before extensive networks of cement sewers became the conventional engineering practice in the USA."

(more Wikipedia)

Basic Components of a Rain Garden

- Growing medium to support plant growth and retain water to field capacity of soil
- Vegetation to promote regeneration of infiltration surface and assist in the evapor-transpiration process
- Rock trench (optional for high permeable soils) to store infiltrated water and release after storm event
- Perforated Pipe (optional for high permeable soils) to protect plant roots from flooding, to preserve oxygen levels in growing medium, and to safely direct interflow from infrequent events to collection system
- Overflow to protect property/infrastructure from both high intensity rainfall events and rain on frozen ground conditions.

How Do They Work?







Why should you care?



- Reduction of erosive forces in creeks
- Protection of fish habitat
- Protection of water quality
- Installation of a barrier for point source pollution

Top 10 Rain Garden Design Considerations



Top 10 Rain Garden Design Considerations

8. Where is the Infiltrated Water Going?9. Native Soil Infiltration Rates

10.Depth of Rock Trenches

7. Trees or no Trees?

1. Rainwater Design Criteria

Focus of Rain Gardens

- DFO Draft Criteria (2001)(BC)
- Stormwater Guidebook (BC)
- Other Municipal Criteria

Typical Criteria Components

Volumetric		Water	Major
Reduction		Quality	Storms
Capture a	runoff	Reduce	Provide
set amount		suspended	Safe
of rain		solids	Passage

Tools for Calculations:

- Water Balance Model (www.waterbalance.ca)
- Stormwater Models (i.e. XP-SWMM, PC SWMM, etc.)
- Manual Methods (see next slides)

How do you calculate capture amount?



 Select local IDF curve

- Pick intensity at 24-hour duration for 2year storm
- Multiply by 50% for Guidebook or 72% for DFO (6-month)
- Equals "x" mm of rain

Capturing the Rainfall



4. Infiltration

Input Volume should equal capture volume

(assume dry soils i.e. moisture content at wilting point)

Input Volume:

 Tributary Area x Capture Rainfall Amount = Volume (cu.m.)

Capture Volume (sum):

- 1. 24 hour evaporation x surface area
- Volume of growing medium x (field capacity – wilting point)
- 3. Volume of rock pit x available water content
- 4. 24 hour infiltration x surface area

Selecting the Soil Type

Describe the Soil Conditions





Example Calc.: Port Moody Parking Lot





Assume dry conditions

25 m

Port Moody 6-month rainfall event

72% x 76.8 mm (2-yr, 24 hr) = 55mm

Input volume: 21 x 25 x 55mm rain = 28.9 m^3

Evaporation: $3 \times 25 \times 1$ mm/day = 0.1 m³

Growing Med.: $3 \times 25 \times 0.45 \times (.25 - .05) = 6.8 \text{ m}^3$

Rock Pit: $3 \times 25 \times 0.8 \times (.35) = 21.0 \text{ m}^3$

Infiltration: $3 \times 25 \times 1$ mm/hr x 24 hr = 1.8 m³

 The capture volume needed is 28.9 m³. The capture volume available prior to overflow is 29.7 m³. Therefore OK

Example Calc.: Kelowna Parking Lot



25 m

Kelowna 6-month rainfall event

72% x 22.9 mm (2-yr, 24 hr) = 16.5mm

Input volume: 21 x 25 x 16.5mm rain = 8.7 m^3

Evaporation: $3 \times 25 \times 1$ mm/day = 0.1 m³ Growing Med.: $3 \times 25 \times 0.45 \times (.25 - .05) = 6.8$ m³ Rock Pit: Not Required



Assume dry conditions

Infiltration: $3 \times 25 \times 1$ mm/hr x 24 hr = 1.8 m^3

 The capture volume needed is 8.7 m³. The capture volume available is 8.7 m³. Therefore OK

2. Impervious to Rain Garden Area Ratio

Over-loading a rain garden with too much impervious area relative to the receiving rain garden area can overwhelm the plantings

 A sediment plume will form and infiltration rates will decrease

The Problem: there is just too much sediment traveling to the rain garden for the plantings to recover



Impervious Area to Rain Garden Area Ratios



- Parking <1 car/d use 40:1
- Parking >1 car/d use 20:1
- Collector Rd use 30:1
- Loading areas use 20:1
- Low traffic areas use 50:1

Be careful to match the expected infiltration rate with the incoming rainfall intensities without limiting vegetation growth. Use temporary surface ponding to store balance.

Example: MMCD "low traffic" soil can take up to 20 mm/hr. Using the parking lot example in the previous slides, this translates to a maximum intensity of 2.9 mm/hr. Any intensities above this will need to pond on the surface.

MMCD Mixes

TOPSOIL AND FINISH GRADING

Properties	Low Traffic Lawn Areas, Trees and Large Shrubs	High Traffic Lawn Areas	Planting Areas, Planters, Shrub and Groundcove Areas	
TEXTURE: Particle size classes by Canadian System of Soil Classification	Percent of Dry Weight Mineral Fraction (%)			
Gravel greater than 2 mm less than 75 mm	0 - 10	0	0	
Sand greater than 0.05 mm less than 2 mm	50 - 70	80 - 90	50 - 70	
Silt greater than 0.002 mm less than 0.05 mm	10 - 30	5 - 20	10 - 30	
Clay less than 0.002 mm	7 - 20	2 - 5	7 - 20	
ACIDITY (pH)	6.0 - 6.5	6.0 - 6.5	5.0 - 6.0	
DRAINAGE: Minimum saturated hydraulic conductivity (cm/hr) in place	2.0	7.0	2.0	
ORGANIC CONTENT: Percent of Dry Weight (%)	5 - 10	3 - 5	25 - 30	

Determining Above Ground Ponding Volumes



Check that there is a sufficient ponding volume to hold high intensity events until water can infiltrate

 Use 72% of 2-year return period for 6-month event then subtract infiltrated water to yield temporary ponding depth

Set Overflow Drain Height

121

overflow drain height above rain garden invert to allow for temporary ponding during high intensity events

4. Use of Under Drains

123

Don't drown the plantings! Unless you're meaning to! Use an underdrain system in low permeable soils **Ensures** sufficient oxygen

remains in the

growing

medium

5. Allowance for Sediment Accumulation



- Depth of Rain Garden (it will fill up quickly)
- Typical residential road generated 1,200 kg/ha/yr in sediment load
- This translates to a mm/yr rise in sediment based on area
- How long before you need to dig out and re-plant? (25 years? Make it deep enough)

6. Careful Selecting Curb Edge Material

Not Good

(grass buffers are far too efficient at trapping sediment. Buffer will build rapidly even with a drop built in)

Good

(drop and slope after asphalt. Non erodible material)

7. Avoid Use of Tree Canopy

Minimize deciduous trees above rain gardens - (watch out for leaves!) Leaves will reduce infiltration rates and interfere with vegetation used to regenerate surface.

8. Where's the Infiltrated Water Going?



9. Native Soil Infiltration Rates

- Water <u>does</u> infiltrate into rock, clay, and glacial till...just slowly.
- Rain Gardens are focusing on the small storms, not the large infrequent storms

An infiltration test on the native soil before development starts may show extremely low rates – but rates will change with the development of the land



10. Rock Trench/Pit Depths





Craig Kipkie Kerr Wood Leidal Associates Ltd. <u>ckipkie@kwl.ca</u> 604 293-3281