

Vaseux Lake Land Use and Water Quality Assessment– Sedimentation, Nutrient Loading and Invasive Milfoil Study Year 2 Report FINAL

Prepared for Regional District Okanagan Similkameen



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Executive Summary

The main objective of this Vaseux Lake Land Use and Water Quality Assessment is to determine likely sources of nutrients and sediment contributing to the increased invasive milfoil (*Myriophyllum spicatum*) and to filamentous algae growth observed over the past few years in Vaseux Lake.

This study found that the thermal functioning and hydrology of Vaseux Lake have been stable through the decades since the detailed studies of the 1970's. Other features of the lake were found to be dynamic, including sedimentation rates, aquatic plant growth, and nutrient budgets.

The source of increasing sedimentation in Vaseux Lake was quickly determined to be the Shuttleworth Creek watershed. A major washout in May 2018 carried enough sediment into Vaseux Lake to cloud the entire lake and reduce water clarity to near zero. The large sandbar at the north end of Vaseux Lake changes shape with each freshet but has grown significantly within the past 10 years forming a new island in the process. Control of the plantbeds will not affect the sedimentation rate in the north end of Vaseux Lake because most sediment is deposited during freshet before active growth commences. Rather, reducing sedimentation will benefit macrophyte control efforts because fresh sediment is often nutrient-rich and provides a new growth substrate for macrophytes. Restoration of Shuttleworth Creek is essential if continued rapid expansion of the sandbars in Vaseux Lake is to be minimized.

The large shallow areas of Vaseux Lake are ideal habitat for aquatic macrophytes and would be densely populated even if invasive milfoil was not introduced. A study was undertaken in 1979 that mapped the milfoil beds in Vaseux Lake and this was used as a frame of reference for this study. The 2017 and 2018 plantbeds were both smaller than 1979 in the north and south ends of the lake but the same general areas were identified as having dense beds. During 2017, Eurasian milfoil was a minor component of the macrophyte community and native species were dominant throughout the lake. The population shifted in 2018 and was once again dominated by invasive milfoil. Lakeshore residents have confirmed that the composition of aquatic macrophytes varies from year to year. The diversity of macrophytes found in 2017 and 2018 indicates a dynamic balance between invasive milfoil and native species. Milfoil also appeared to prefer areas of 3-5 m depth as compared to the very shallow north end which was dominated by native species of *Potamogeton spp.* The extent and density of invasive milfoil was similar to what was measured in 1979 and indicates that the plantbeds are not rapidly increasing in size. Ongoing monitoring of the plantbeds is recommended because of the interannual variations in the Vaseux Lake macrophyte populations.

Nuisance filamentous algae blooms have been observed in some years throughout the plantbeds. These were not observed in either 2017 or 2018. Further monitoring of the plantbeds should be undertaken to assess the frequency and intensity of filamentous green algae blooms.

Research conducted from 2013-2017 has not indicted an impact from the Okanagan Falls wastewater treatment plant (WWTP) on the chemistry or biology of Vaseux Lake. An increasing trend in ammonia was noted in Okanagan River upstream of Vaseux Lake but this trend was also present upstream of the WWTP and is attributed to changes within the entire Okanagan Valley



watershed and not just Vaseux Lake.

Nutrient loading estimates revealed that Okanagan River inflows make up approximately 90% of nitrogen and phosphorus contributions to Vaseux Lake each year while internal recycling, local agriculture, and septic fields were relatively small contributors.

Piezometer samples around the perimeter of Vaseux Lake indicate that local groundwater contributes nitrogen and phosphorus to Vaseux Lake but the loads are expected to be low relative to other inflows such as Okanagan River. The east shore subdivision piezometer samples had over 8 times the phosphate of surface samples in Vaseux Lake while the south shore subdivision piezometer samples had 7 times more ammonia than lake surface water.

Enhancement goals include reducing or reversing the excessive milfoil/algae growth and sedimentation rates in Vaseux Lake. We identified five possible approaches that could be taken including restoration and sediment control of Shuttleworth Creek, engineered wetlands along Okanagan River, septic field upgrades, and rototilling of invasive milfoil plantbeds.

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Glossary

The following terms are defined as they are used in this report.

Term	Definition
Algae bloom	A superabundant growth of algae
Anaerobic/anoxic	Devoid of oxygen
Benthic	Organisms that dwell in or are associated with the sediments
Bioaccumulation	Removal of metal from solution by organisms via adsorption, metabolism
Bioavailable	Available for use by plants or animals
Cyanobacteria	Bacteria-like algae having cyanochrome as the main photosynthetic pigment
Diatoms	Algae that have hard, silica-based "shells" frustules
Fall overturn	Surface waters cool and sink, until a fall storm mixes the water column
Epilimnion	A warm upper water layer in a stratified lake
Eutrophic	Nutrient-rich, biologically productive water body
Green algae	A large family of algae with chlorophyll as the main photosynthetic pigment
Hypolimnion	A cool deep water layer in a stratified lake, isolated by the thermocline
Inflow plume	A creek inflow seeks the layer of matching density in a receiving lake
Light attenuation	Reduction of sunlight strength during transmission through water
Limitation, nutrient	A nutrient will limit or control the potential growth of organisms e.g. P or N
Limnology	The study of the physical, chemical, and biological aspects of freshwater
Littoral	Shoreline between high and low water; the most productive area of a lake
Macronutrient	The major constituents of cells: N nitrogen, P phosphorus, C carbon, SO₄ sulphate, H
Micronutrient	Small amounts are required for growth; Si, Mn, Fe, Co, Zn, Cu, Mo etc.
Microflora	The sum of algae, bacteria, fungi, Actinomycetes, etc., in water or biofilms
Reducing env.	Devoid of oxygen with reducing conditions (-ve redox) e.g. swamp sediments
Residence time	Time for a parcel of water to pass through a reservoir or lake (flushing time)
Riparian	The interface between land and a stream or lake
Secchi depth	Depth where a 20 cm secchi disk can be seen; measures water transparency
Seiche	Wind-driven tipping of lake water layers in the summer, causes oscillations
Thermocline	The lake zone of greatest change in water temperature with depth (> 1°C/m); it separates
	the surface water (epilimnion) from the cold hypolimnion below
Zooplankton	Minute animals that graze algae, bacteria and detritus in water bodies

Abbreviations

Organizations Locations	Parameters and units
BCWQG BC Water Quality Guidelines	Chl-a chlorophyll-a
CDWQ Guidelines for Canadian Drinking	DIN dissolved inorganic nitrogen
Water Quality	DO dissolved oxygen
MoE Ministry of Environment	DOP dissolved inorganic phosphorus
LAC Larratt Aquatic Consulting Ltd.	ML megaliter (1 million liters)
IH Interior Health	TOC total organic carbon
WWTP waste water treatment plant	

Lake Classification by Trophic Status Indicators

Trophic Status	chlorophyll-a ug/L	Total P ug/L	Total N ug/L	Secchi disc m	primary production mg C/m²/day
Oligotrophic	0 – 2	1-10	<100	> 6	50- 300
Mesotrophic	2 – 5	10 - 20	100 - 500	3 – 6	250 – 1000
Eutrophic	>5	> 20	500-1000	< 3	>1000

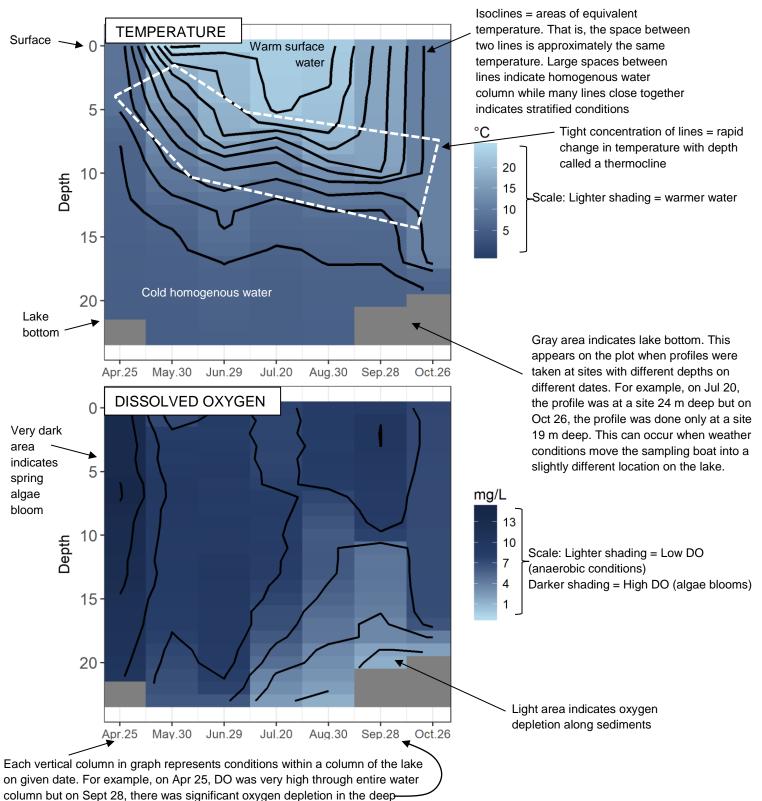
Nutrient Balance Definitions for Microflora (Dissolved Inorganic N : Dissolved Inorganic P)

Phosphorus Limitation	Co-Limitation of N and P	Nitrogen Limitation
>15:1	<15:1-5:1	5 : 1 or less



How to Read Temperature/DO Profile Plot

Temperature and dissolved oxygen profiles were routinely collected as part of this study. They are displayed in several locations throughout this report. An example of a temperature graph and a dissolved oxygen graph, their descriptions of key features and how to read them are presented here.





Data Analysis and Modelling

A thorough statistical data analysis on project data was conducted. A first step involved calculating descriptive statistics (average, mean, standard deviation, median) and generating box plots (e.g. Figure 0-1). Using these results as a guide, the following analyses were performed:

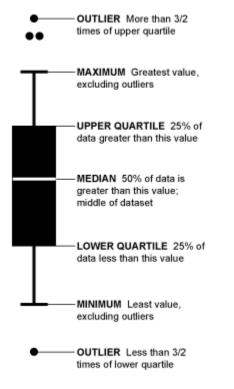


Figure 0-1: Example and description of boxplot

BACI Impact Assessment The Phase 1 data collection supported a preliminary Before–After Control-Impact (BACI) design. The BACI design and associated statistical test is based on repeated sampling of parameters over time in paired control and impact areas, and it requires that the sampling design produces enough samples to provide adequate statistical power and meet analysis requirements (Smith, 2006). This approach to impact assessment allows us to see differences between pairs of sites control (undeveloped) and impacted (shoreline residential) and control (light native aquatic vegetation) and impacted (milfoil bed), and using historic versus study results for before/after analysis. This was completed in Phase 2.

Trend analyses: The data base was analyzed for trends in water chemistry and aquatic plant growth.

Results below detection limits: Non-detect data occurs when the sample result is below the lab reportable detection limit (RDL). When this occurs in water or sediment chemistry required for analysis, the "<" value will be replaced with ½ of the detection limit and that value flagged as calculated. This is the standard procedure employed by BC MoE in their analyses to reduce bias.



Chloride Loading, Nutrient Loading Mean annual chloride and nutrient loading was based on groundwater discharge and water quality samples collected in this study, and compared to other Okanagan samples, including those from Swan Lake (WWAL, 2016). We had planned to develop a loading model for each parameter (CI, N, P, key metals), but this work was suspended due to a funding shortfall.

Nutrient Budget Calculations The funding shortfall meant we could not complete nutrient budget calculations for Vaseux Lake. Instead we could only provide a preliminary ranking of the nutrient contributions (internal loading, inflow loading, point-source land-use loading shoreline residences, for example). The nutrient budget will also include internal loading of nutrients recycling from the substrates in anaerobic zones and from milfoil beds releasing nutrients to the water column using targeted water sampling and the available bathymetry of Vaseux Lake. For this, we used the bathymetric approach LAC developed that involves calculating the nutrients concentrations in water layer volumes (Figure 1-1).



1.0 Background

Vaseux Lake is a small, productive lake, located near the downstream end of the Okanagan Valley mainstem lakes (Figure 1-1). Its extensive shallows support excessive growth of the introduced and invasive Eurasian water milfoil (*Myriophyllum spicatum*), filamentous green algae, and other native aquatic macrophytes. Problems with excessive milfoil and algae growth in Vaseux Lake were reported back into the mid-1970s (Figure 3-15), but increasing sedimentation near the mouth of the lake has been observed in recent years and the productive growth was reported to be increasing again by long-time lakeshore residents. The Regional District of Okanagan Similkameen (RDOS) wanted this study to determine the causes of the 2015-2016 spike in milfoil and algae growth in Vaseux Lake.

Although the gradual infilling of productive lakes is a natural part of the lake aging process, a warming climate and increasing development in the Okanagan can unduly accelerate this process. Urbanization, agriculture and logging have been the major human impacts threatening water quality in the Okanagan River Basin (Dessouki, 2009).

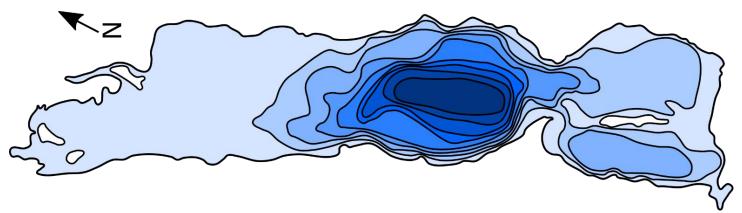


Figure 1-1: Bathymetric map of Vaseux Lake

1.1 Study Purpose

The main objective of this Vaseux Lake Land Use and Water Quality Assessment is to determine. likely sources of nutrients and sediment contributing to the increased milfoil and algae growth observed over the past few years in Vaseux Lake and provide options for lake enhancement. These four important, interlinked concerns will be addressed by this study. Phase 1 began in 2017 and targeted investigations on the interactions between land use and water quality. They involved the initial monitoring and sampling program on two dates to measure the influences of surrounding land uses on the water quality and sedimentation of Vaseux Lake. Phase 2 occurred in 2018 and with partial funding, it involved continued sampling on three dates, the further development of a Vaseux Lake database, and statistical data analyses. This report contains recommendations for remediation of identified point and non-point nutrient and sediment sources. This report provides the summary results from Phase 1 and 2.



2.0 METHODS

LAC has conducted an exhaustive review of information sources to allow focus on information gaps and avoid redundant sampling. For example, the Okanagan Basin Agreement (1973) conducted comprehensive studies on nutrient loading and concluded that the nutrient loading to Vaseux Lake was primarily from upstream sources and from septic fields, but not from agriculture or forestry. This information is dated but still relevant. More reports are provided in the Literature Cited.

2.1 Existing Water Quality Data

LAC performs the required monitoring of water quality on Vaseux Lake as a condition of the BC MoE Permit to Operate for the Okanagan Falls Wastewater Treatment Plant. It involves monthly sample collection and in-field monitoring from ice-off through November (ice-on) at the sample site located near the deepest area of Vaseux Lake (Figure 2-1). The water quality parameters already collected for the WWTP Permit are provided in Table 2-1. For statistical rigor and cost reductions, sampling for this study coincided with the Permit sampling.

Table 2-1: Water quality parameters collected monthly for the WWTP project

Analysis	Detection Limit
Chlorophyll-a	0.1 µg/L
Phosphorus, Total (persulfate)	0.002 mg/L
Phosphorus, Dissolved (persulphate)	0.002 mg/L
Phosphorus, dissolved reactive	0.005 mg/L
Nitrogen, Total (TKN + NO ₂ + NO ₃)	0.05 mg/L
Nitrogen, Organic (TKN - NH ₃)	0.05 mg/L
Nitrogen, ammonia (NH ₃)	0.020 mg/L
Nitrogen, nitrate (NO ₃)	0.010 mg/L
Chloride	0.1 mg/L
Sulphate	1.0 mg/L
Total Metals + Hardness	Various

2.2 Initial Reconnaissance Sampling

In September 2017, a Hannah multi-meter with GPS was used at 50 – 60 perimeter sites to identify potential sample sites for piezometers (shallow groundwater) and lake sample sites, shown in Figure 2-1. The multi-meter parameters include: pH, temperature, dissolved oxygen, conductivity and total dissolved solids. This was used to determine areas of interest for more intensive sampling.





Figure 2-1: Map of Vaseux Lake with sample sites



2.3 Main Sampling Program

Using the reconnaissance sampling, 10 near-shore sites were selected for water quality sampling in October 2017. Samples were collected from 0.5 m to 1.0 m depth. These included those sites with the highest apparent impacts, and areas of greatest vulnerability (vicinity of septic disposal, or aquatic plant beds). Background samples were collected from Park areas of Vaseux Lake that are undeveloped for comparison to samples collected from the two residential areas, and the N and S ends of the lake. Unfortunately, no creek samples were collected in 2017 because all inflowing streams were dry following the record 2017 summer drought. Creek samples were collected in May 2018.

These sample sites included:

- Vaseux Control W shore
- Vaseux S shore composite
- Vaseux E shore composite
- Vaseux N end composite
- Vaseux Sundial well (14' deep, 7' of water on sample date)
- Vaseux well in Provincial Park (pump water station)
- Vaseux NE plant bed
- Vaseux NW plant bed
- Vaseux S plant bed
- Shuttleworth Creek
- Green Lake discharge
- Creek near boat launch

A Vaseux South duplicate sample was collected for QA/QC

Additionally, 6 drive point piezometers were installed on October 12 and sampled on November 8 2017. Shoreline flooding in May 2018 inundated most piezometers in 2018, nullifying their usefulness.

- Piezo 1: N end of Provincial Park in black sandy substrate, buried 30 cm
- Piezo 2: S end of the Provincial park, located below pit toilets, buried 30 cm
- Piezo 3: South end 216 Sundial, buried 50 cm in sandy substrate
- Piezo 4: South end, Sundial hotel buried 50 cm in sandy substrate
- Piezo 5: East subdivision 3140, 30 cm deep in cobble sand beach between retaining walls
- Piezo 6: East subdivision 3172, 45 cm deep in cobble/sand substrate

These piezo locations are identified in Figure 2-1. The piezo locations were chosen to detect impacts from long-term septic disposal on shallow groundwater solutions and facilitate calculation of nutrient budgets for the lake.

These sample sites are presented in Figure 2-1.



Table 2-2: Selected water quality parameters for Vaseux Lake Assessment, 2017

	Water Parameter	Rationale		
Lab	Nutrients N's P's K	Nutrients in water bodies can stimulate nuisance algae growth,		
Analyses	Sulphate	ultimately altering habitat values for fish and waterfowl		
	Metals scan	Metals (Fe, Ca, Mg etc.) help control the flux of nutrients in a		
		lake water column and heavy metals that may accumulate in		
		aquatic food chains (mercury (Hg), cadmium (Cd), arsenic		
		(As), chromium (Cr), thallium (TI), and lead (Pb)		
	lons Cl	Chloride serves as a useful indicator of anthropogenic		
		influence/ impacts due to its conservative properties		
	Bacteria – <i>E. coli</i>	E. coli indicate recent fecal contamination and the possible		
		presence of pathogens and measurable E. coli are often found		
		in septic discharge		
Multi-	рН	pH determines metal mobility, nutrient state, carbonate		
meter		precipitation		
	Temperature	Water temperature defines water layers and will also be		
		monitored using light/temp loggers)		
	Dissolved oxygen (DO)	Defines balance point between photosynthetic producers and		
		decomposition consumers; DO controls the rate of internal		
		sediment decomposition and metal/nutrient fluxes		
	Conductivity /TDS	Measures amount of dissolved constituents		

Table 2-3: Selected water quality parameters for Vaseux Lake Assessment, 2018

	Water Parameter	Rationale		
Lab Analyses	Nutrients N's P's	Nutrients in water bodies can stimulate nuisance algae growth, ultimately altering habitat values for fish and waterfowl		
	lons Cl	Chloride serves as a useful indicator of anthropogenic influence/ impacts due to its conservative properties		
Multi- meter	рН	pH determines metal mobility, nutrient state, carbo precipitation		
	Temperature	Water temperature defines water layers and will also be monitored using light/temp loggers)		
	Dissolved oxygen (DO)	Defines balance point between photosynthetic producers and decomposition consumers; DO controls the rate of internal sediment decomposition and metal/nutrient fluxes		
	Conductivity /TDS	Measures amount of dissolved constituents		

All water samples were composites either temporally (creek or culvert flow) or spatially (depth composites in lake above or below thermocline). To match the WWTP Permit work, deep water column composites included a 1,5,10 m composite (above summer thermocline) and a 20,22,24 m composite (below summer thermocline). It is vital that both water layers be sampled separately and as composites to obtain high quality data. Prompt re-sampling of outlier samples was also undertaken. QA/QC for this study matches the existing permit program that meets provincial standards.



2.4 Sediment Sampling and Monitoring – Phase 1

Every lake accumulates sediment from external materials deposited by inflows and from incomplete decay of aquatic growth within the lake itself (Table 2-4). Sediment samples were collected in 2017 and results are found in Section 3.4.

Table 2-4: Selected s	sediment	parameters f	or Vaseux	l ake As	sessment 2017
	Scannent	purumeters r		LUNC AC	

Sediment Parameter	Rationale
Volatile solids / dry weight	Allows calculation of percentage of organic (decaying plants, algae, etc.) and inorganic (sand, silt, clay) in lake sediments
Nutrients T-N P's	Nutrients in sediments are the primary source of nutrients for nuisance aquatic plant growth
Metals scan (K S Fe Na Pb Ca Cu etc.)	Iron (also Ca Mg etc) determine nutrient mobility from the sediment to the water column

2.5 Sediment Mapping – Phase 2

The extent of the inflow sediment bar was mapped using aerial imagery and compared to previous years to gauge the rate of expansion.

2.6 Aquatic Plant Mapping

Aquatic plant bed mapping was completed for Vaseux Lake in 2017 and repeated in 2018. Each mapped bed was given a percentage of invasive milfoil, as well as the other plants. The mapping was based on drone imagery, satellite imagery, and "ground-truthing" with a grid of GPS'd locations, according to the methods used by OBWB. This mapping was compared to historic maps for expansion of plant beds and species shifts.

Filamentous green algae populations were mapped using drone images, and photographs. We also collected grab algae samples and identified the filamentous species because this is relevant for control decisions.

2.7 Land Use Inventory and Survey

Mapping available from RDOS was utilized to inventory the land use in the vicinity of Vaseux Lake. Briefly, there are 2 residential subdivisions, and a highway in the riparian area, and small forage and vineyards within the watershed. Much of the west watershed is undeveloped park (Figure 2-1). Upstream sediment sources and channel stability issues were identified using GIS and drone imagery, and existing reports. It was rapidly apparent that Shuttleworth Creek is a major sediment contributor and effort was focused there.

2.8 Hydrogeologic Assessment

The hydrogeologic assessment was not funded, hampering our ability to complete water and nutrient budgets. Existing information indicates that only the top 4 meters of the upper, unconfined aquifer is interacting with Vaseux Lake. The Okanagan glacial aquifers have a typical hydraulic gradient of 0.1 with an estimated hydraulic conductivity of 1×10^{-5} m/s (OBWB 2009 and Smerdon 2009). The amount of aquifer interacting with Vaseux Lake (or any of the Okanagan mainstem lakes) and a typical groundwater discharge into Vaseux Lake can only be estimated, however, and loading rates are based on these estimates.



2.9 Internal Loading Estimate

Vaseux Lake exhibits internal nutrient loading when nutrients release from the sediments under anaerobic conditions. These nutrients accumulate in the hypolimnion until the lake overturns in the fall. After fall overturn these nutrients become available to algae and macrophytes and may trigger an algae bloom. Internal loading can be a dominant source of nutrients in some lakes and so using available data, an estimate for Vaseux Lake was calculated. This estimate was based on the method developed for Ministry of Environment in the Wood Lake nutrient budget report (Self and Larratt, 2016). It uses the volume of the epilimnion and hypolimnion and nutrient concentrations to calculate a mass load for each parameter.

2.10 Water Balance

Many estimates needed for calculation of the Vaseux Lake water balance already exist (Table 2-5). For example, the estimated water loss to evaporation is already calculated specifically for Vaseux Lake (Schertzer and Taylor 2009). <u>Unfortunately, the loss of Phase 2 funding meant that the water balance and hydrologic assessments were not completed.</u> Even with the incomplete table, it is clear that Okanagan River flows dominate the hydrology of Vaseux Lake. Aquifer 255 receives substantial recharge from Vaseux Creek and Vaseux Lake (Allard and Manwell, 2011).



Table 2-5: Available water balance parameters for Vaseux Lake

Parameter	Value			
Surface area (m ²)	2,752,000			
Volume (m ³)	17,600,000			
Mean depth (m)	6.4			
Mean annual outflow (m ³)	529,200,000			
Max depth (m)	28			
Highest target elevation (m AMSL)		327.6		
Residence Time (yr.)	0.03 (11 days)			
Water Balance Fluxes (m³/year)				
	Okanagan River inflow	>520 x 10 ⁶		
	Shuttleworth Creek	~11.1 x 10 ⁶		
Inputo	Inflowing creeks to Vaseux Lk	Not known		
Inputs	Precipitation on lake surface ²	0.85 x 10 ⁶		
	Groundwater inflow	Not known		
	Total Inputs (known)	531.95 x 10 ⁶		
	Avg outflow to Osoyoos Lake ¹	529.2 x 10 ⁶		
Outputs	Evaporation (m ³ /yr) ref ³	2.8 x 10 ⁶		
	Groundwater use (net) ⁴	~0.46 x 10 ⁶		
	Surface water licenses ⁵	1.42 x 10 ⁶		
	Discharge to groundwater SW shore ⁶	~1.1 x 10 ³		
	Total Outputs	532.88 x 10 ⁶		

References: ref¹ OBA 1973 ref ² Schertzer and Taylor 2009; ³ Summit, 2005. ⁴estimate based on number of residences and Okanagan averages on septic; ⁵ surface water licenses (Summit, 2013); ⁶Summit, 2013; ⁷based on 308mm annual average precip (Env. Canada, 2018)

3.0 RESULTS FROM PHASE 1 AND 2

3.1 Water Quality

3.1.1 Lake Profiles

The multimeter profiles collected in during 2017 and 2018 showed a consistent thermocline established at approximately 5 m by mid-May and then gradually descending to 8-10 m during the summer throughout the main basin of the lake (Figure 3-1). Temperature peaked at a very warm >25 °C at the surface to 8 °C at 25 m in the deep central basin during 2018. Dissolved oxygen was high at the surface and became anaerobic just below the thermocline by August in 2017 and in 2018. In the north end shallows there was oxygen depletion within the deepest meter of the water column even though it was shallower than the thermocline during 2017. This confirms that there is intense oxygen demand in Vaseux Lake sediments.

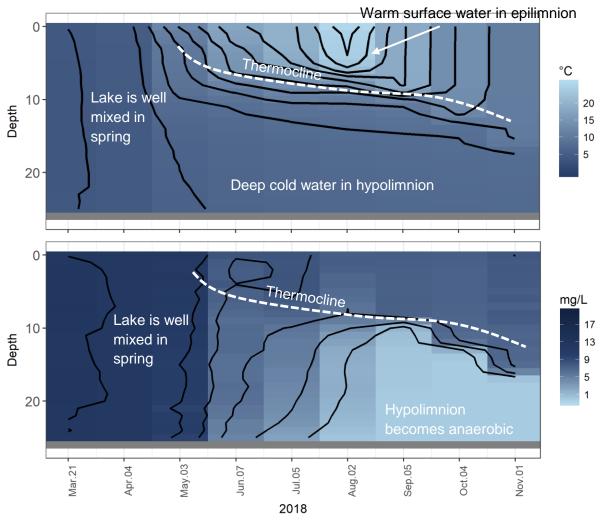


Figure 3-1: Temperature and dissolved oxygen profiles from Vaseux Lake during 2018

An August thermal survey from 1967 that showed a thermocline at 8.3 m with oxygen depletion to 3 mg/L below the thermocline – results that are very similar to those obtained in 2017 and 2018. These thermal profiles indicate that the physical functioning of Vaseux Lake is stable through the decades.

3.1.2 Water quality sampling program

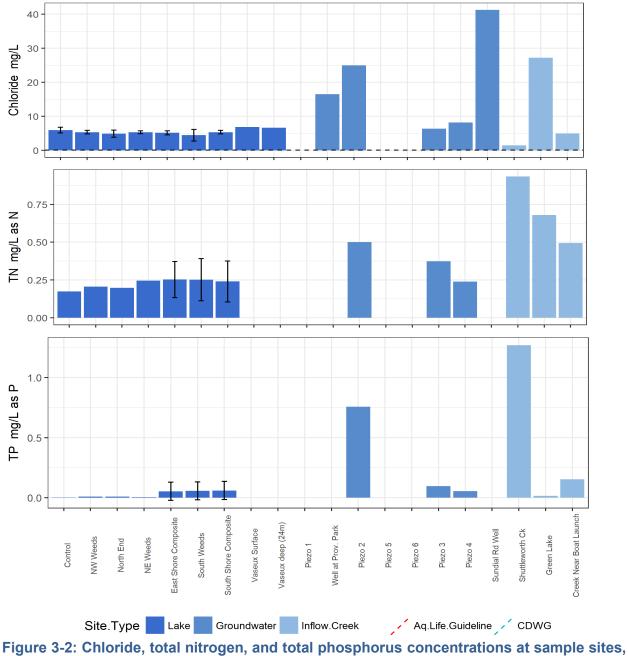
Lake Samples Water chemistry samples measured chloride, dissolved nutrients, total metals, and bacteria at 7 surface water sites during 2017. Budget considerations reduced the number of parameters to just chloride plus nitrogen and phosphorus in 2018. These results were combined with the existing Vaseux Lake and Okanagan River monthly monitoring program data.

BC MoE Aquatic Life MAC Guidelines and the Canadian Drinking Water Guidelines for various metals were not exceeded in any of the lake samples collected for this project (Table 8-1).

Additional water chemistry samples were collected in Vaseux Lake monthly from ice-off to November from 2013-2018 as part of the WWTP monitoring program. These samples were collected at the deepest point in Vaseux Lake as 1,5,10 m composites and 20,22,24 m composites. Chloride averaged 6.4 ± 3.6 mg/L in the 2018 epilimnion samples (5.8 ± 0.9 mg/L during 2017). The nutrients that usually control biological productivity were comparable in both years of study. Total Nitrogen averaged 0.259 ± 0.119 mg/L as N and total phosphorus averaged 0.007 ± 0.007 mg/L as P during 2018 (0.217 ± 0.063 mg/L as TN and 0.008 ± 0.003 mg/L as TP during 2017). Ammonia averaged 0.024 ± 0.019 mg/L as N during 2017 and 0.031 ± 0.018 mg/L as N during 2018 in the epilimnion of Vaseux Lake (Figure 3-2). A significant increasing trend in ammonia was identified from 2013-2017 within Okanagan River upstream of Vaseux Lake (Mann-Kendall, p<0.001). This trend was also observed upstream of the Okanagan Falls WWTP (Mann-Kendall, p=0.002), indicating that larger Okanagan watershed trends are involved. Increased groundwater reporting to the mainstem lakes in recent years may contribute to this trend. Vaseux Lake exhibits internal nutrient loading each summer during the stratified period. The internal load was estimated and compared to external nutrient sources in Table 3-3.

Of the lake water samples collected from 2013-2018, only aluminum and total phosphorus exceeded their respective BC MoE Aquatic Life Guidelines. Aluminum exceeded its guideline only during freshet because it is commonly associated with sediment and increases during turbid freshet flows. Creek samples showed that they provide significant nutrient inputs to Vaseux Lake, notably, Shuttleworth Creek (Figure 3-2).





2017-2018

As of 2017, there were no detectable impacts from the WWTP on the chemistry or biology of Vaseux Lake (Self, 2018). There were no statistically significant differences between the control site or either the east subdivision or the south subdivision for any water chemistry parameter measured. For additional information please refer to the 2017 Vaseux Lake and Okanagan River Monitoring Report.



The chlorophyll-a and phytoplankton analyses showed similar trends where higher algae counts led to higher chl-a concentrations (Figure 3-3). The correlation (R=0.59 in 2017 and 0.12 in 2018) was weak because photosynthetic bacteria also contribute chl-a. Algae counts in 2017 were similar to what was measured in 2013-2016 but the intense freshet in 2017 and 2018 contributed to high algae counts during summer 2018. No filamentous green algae blooms in the north end plant beds occurred during 2017 or 2018.

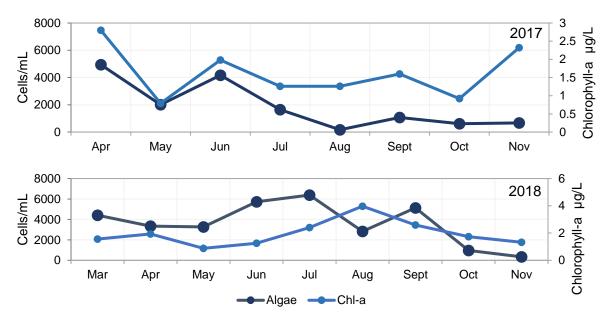
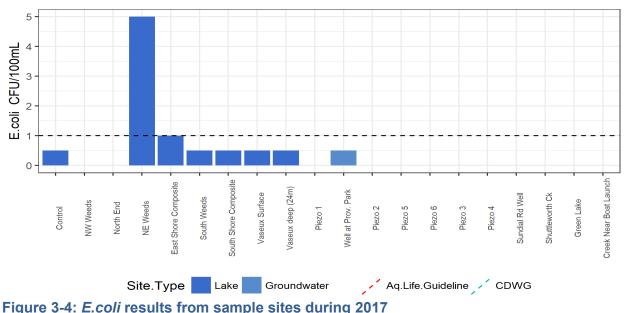


Figure 3-3: Chlorophyll-a and total algae counts in Vaseux Lake during 2017 and 2018

Fecal and coliform bacteria were measured in the lake samples during 2017 and the results were encouraging. While most strains of *E. coli* are harmless, their presence in a sample correlates to fecal pathogens. *E. coli* was below detection in 4 of 6 samples with a maximum measured value of 5 CFU/100mL in the NE plant beds, likely due to waterfowl (Figure 3-4). The other detectable *E. coli* sample was the east-shore composite at 1 CFU/100mL. These results are very low and would not be considered a problem from a drinking water source (before disinfection) or recreational perspective.





Note: Reportable detection limit indicated with dashed black line

Groundwater Samples Water chemistry samples were also collected at 8 groundwater sites in 2017, and this effort was suspended in 2018 due to a funding shortfall. Of the 8 sites, 6 were piezometers installed as part of this study and two were existing wells. Chloride averaged $19.5 \pm 14.3 \text{ mg/L}$ in the groundwater and was significantly higher than the lake samples indicating that groundwater is contributing chloride to Vaseux Lake (KW-Test, p=0.01). Ammonia was detected in all groundwater samples, averaging $0.101 \pm 0.068 \text{ mg/L}$ as N. The increased ammonia concentrations in groundwater compared to lake water were not statistically significant (Figure 3-5). Dissolved reactive phosphorus (the most bioavailable form of phosphorus) was significantly higher in the groundwater samples than the lake samples (KW-test, p=0.05; Figure 3-5). Total phosphorus averaged a high $0.303 \pm 0.393 \text{ mg/L}$ as P in the groundwater samples during this study (2017-2018). Samples from the south subdivision suggest that septic fields contribute ammonia (7 times higher than lake concentrations; Table 3-1).

Site	Sample Type	TN (mg/L as N)	TP (mg/L as P)	Ammonia (mg/L as N)	Ortho-P (mg/L as P)
Vaseux Lake	Lake	0.241 ± 0.100	0.011 ± 0.006	0.028 ± 0.018	<0.005
East Shore Composite	Lake	0.253 ± 0.120	0.055 ± 0.076	0.069 ± 0.030	<0.005
Piezometer 5	Groundwater	-	-	0.092	0.018
Piezometer 6	Groundwater	-	-	0.054	0.066
South Shore Composite	Lake	0.241	0.061	0.061 ± 0.051	<0.005
Piezometer 3	Groundwater	0.374	0.098	0.269	<0.005
Piezometer 4	Groundwater	0.239	0.056	0.146	<0.005

Table 3-1: Nutrient concentrations in shoreline composites and piezometers comparing	J
the east shore subdivision and the south shore subdivisions	



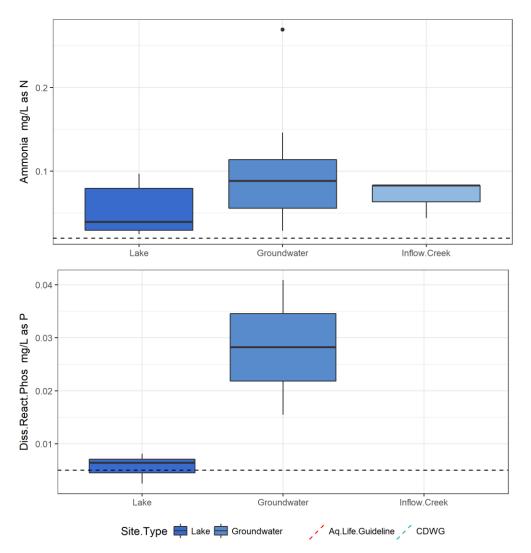


Figure 3-5: Ammonia and dissolved reactive phosphorus in lake and inflow samples, 2017-2018

Note: Dissolved reactive phosphorus was not measured in the inflow creeks

3.2 Loading Calculations

3.2.1 Chloride loading

Chloride is a conservative parameter that indicates human impact. There was no statistically significant North to South gradient in lake samples (KW-Test, p=1.0). This was likely because of the rapid flushing rate of Vaseux Lake and the dominance of Okanagan River on the water chemistry of Vaseux Lake epilimnion. Groundwater contained elevated chloride concentrations and ranged from 16.5 mg/L at the provincial park campground to 41.3 mg/L in a well on Sundial Rd. at the south end of the lake. These results are all far below guidelines. The groundwater samples from the Sundial well indicate human impact, likely through septic/agricultural influence, and the provincial park piezometer was probably affected by highway salt residuals. There has been an increasing trend in chloride values throughout the Okanagan, including discharges from Vaseux Lake (Dessouki, 2009).



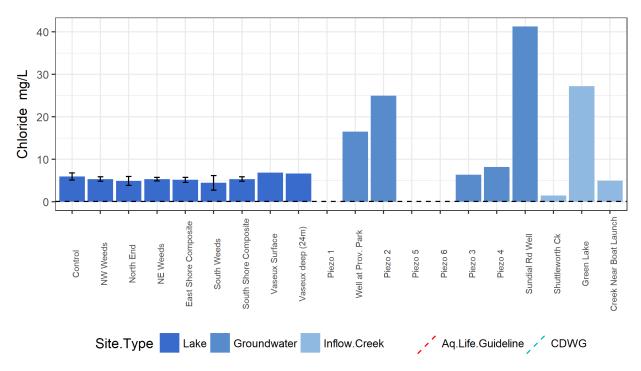


Figure 3-6: Chloride concentrations at Vaseux Lake sample sites, September 2017-2018 Note: Dashed line indicates lab reportable detection limit (sites are presented in North (left) to south (right) and split by surface, groundwater, and inflow sites.

<u>Chloride loading estimates were unfinished in 2018 due to funding (Table 7.7-1)</u>. As with almost all water quality and hydrologic parameters for Vaseux Lake, Okanagan River flows dominate the chloride balance.



	Land Use	Okanagan Cl	Area adjacent	CI loading
		loading rate*	to Vaseux	estimate
Land use Cl	Roads/Hwy 97	27-37 kg / 2lane/km/yr	3.9 km	140 kg/yr
loading reporting to	Residences on septic	440 mg/L, 6.8 kg/yr	65 residences	440 kg/yr
groundwater	Natural CI loading in local groundwater	10 -17 mg/L	Not known	Not known
	Undeveloped slopes /wetland areas	No net loading expected		0 kg/yr
CI loading from inflows	Inflow from Okanagan R.	3.61 million kg in 2016		3610000 kg in 2016
and loss	Inflow from Vaseux Cks			Not known
from discharge	Discharge to Osoyoos Lk	3.63 million kg in 2016		3630000 kg in 2016
CI losses	CI loss to ion exchange in soil solutions*1			Not Known
	CI balance			

Table 3-2: Typical chloride loading estimates from groundwater, land use and inflows

* corrected from NaCl (60.1%), CaCl (63.9%) and MgCl (74.5%) loading rates to Cl only

*1 numerous authors

3.2.2 Nutrient loading

Nitrate, ammonia, and dissolved reactive phosphorus were measured because these are the most bioavailable forms of nitrogen (N) and phosphorus (P). The September 2017 measurements collected under this program were added to the existing Vaseux Lake and Okanagan River monthly monitoring program data.

Nitrate was below detection in all lake samples and also in the well sample at the provincial park. In the well on Sundial Rd., nitrate measured 0.128 mg/L as N, an unremarkable result for groundwater, but much higher than the lake samples (<0.005 mg/L). Ammonia in the groundwater samples ranged from 0.029 mg/L as N in the Sundial Rd. well to 0.117 mg/L as N in Piezo 1 (north end of provincial park; Figure 3-7). These results are also moderate for regional groundwater (Allard & Manwell, 2011), and again, they are much higher than the lake samples (0.028 ±0.018 mg/L as N; Table 3-1; Figure 3-5).

Dissolved reactive phosphorus ranged from below detection in the north end of the lake to 0.066 mg/L as P in Piezo 6 (Figure 3-7). Nutrients were higher in the groundwater than the surface water in part because soil solutions in contact with residential or agricultural nutrient sources will be elevated. For example, Piezo's 5 and 6 (E subdivision) appear to be intercepting more septic drainage than Piezo's 3 and 4 (S subdivision) based on ammonia and phosphorus results. For reference, Wells in and around Oliver as well as other areas in the South Okanagan with a long agricultural land use history exhibit elevated nitrate levels. Observed nitrate concentrations in the valley range from about 0.5 mg/L to more than 10 mg/L (Allard & Manwell, 2011; Geller and Manwell



2016).

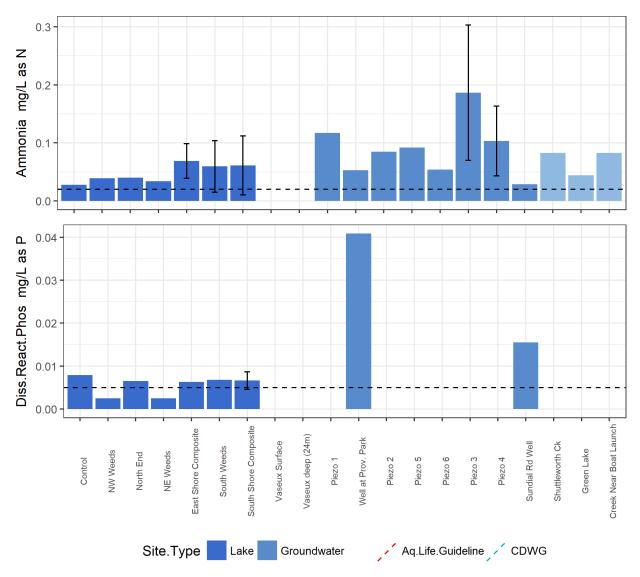


Figure 3-7: Ammonia and dissolved reactive phosphorus from Vaseux Lake assessment, 2017-2018

Note: Dashed line indicates lab reportable detection limit

Vaseux Lake plantbed water samples contained less dissolved reactive P (DRP) than the samples from open water (Figure 3.3-2). These preliminary results suggest nutrient consumption by the macrophytes and associated algae exceeds nutrient export from the sediments through leakage from the leaves. Total phosphorus was removed by Vaseux Lake, evidenced by a 50% decrease between the inflow and outflow to the lake in 2016 and a 72% decrease in 2017 (2017 Annual Vaseux Lake Monitoring Report). A phosphorus loss occurs because TP is often associated with particulates that settle out, it is consumed by plants and detained in lake sediments, and because it is retained in soil solutions.



Internal nutrient loading (recycling) was estimated using the anaerobic method from Self and Larratt, 2016 (Table 3-3). It was estimated that $17,000 \pm 5800$ kg of TN and $3,400 \pm 1,200$ kg of TP were contributed to Vaseux Lake through nutrient recycling from 2013-2018. These values represent approximately 6% and 12% of the total nutrient inflows based on available data (Table 3-3). In Vaseux Lake, the nutrients released into the hypolimnion do not mix with the surface waters, where macrophytes are growing, until after the growing season has ended. This combined with the rapid flushing rate of Vaseux Lake, means that internal nutrient recycling is less important to plantbed expansion than nutrients brought in via shallow inflows such as Okanagan River.

The 2016 loading estimate suggested that Vaseux Lake is a net source of total nitrogen while the 2017 estimate yielded the opposite result. It is likely that TN flowing in is similar to TN flowing out with significant variability year to year.

Nutrient loading estimates remain incomplete due to a funding shortfall. Available information was compiled into the loading Table 3-3. In the Okanagan, groundwater is expected to contribute about 20% of TN and 10% of TP entering the mainstem lakes (OBA 1973), however, the available data for Vaseux Lake shows that it is overwhelmingly affected by Okanagan River flows.

	Land Use	(N,P) loading	Percent
		estimate	
Land use N,P	Agriculture	2232 kg/yr TN and 9.1	0.77% TN and 0.03%TP
loading reporting to	Residences on septic	kg/yr TP* 345 kg/yr TN and 127 kg/yr TP*	0.12% TN and 0.47%TP
groundwater	Natural N/P loading in local groundwater	748 kg/yr TN and 36.3kg/yr TP*	0.26%TN and 0.13%TP
	Undeveloped slopes /wetland areas	272 kg/yr TN and 9.1 kg/yr TP*	0.09%TN and 0.03%TP
N,P loading from inflows	Inflow from Okanagan R.	263,895 kg TN and 23,396 kg TP in 2017	91.3%TN and 86.4%TP
and loss from discharge	Inflow from Vaseux Cks	4355 kg/yr TN and 118 kg/yr TP*	1.51%TN and 0.44%TP
Ū	Discharge to Osoyoos Lk	190,017 kg TN and 6,285 kg TP in 2017	
N,P losses	Internal loss into refractory organic materials	Not known	
Internal Loading		TN=17,000 ± 5,800 kg TP= 3,400 ± 1,200 kg	5.93% TN and 12.5% TP
	N,P balance	Gain of 10,000kg N and loss of 6000kg TP	Gain of 0.13%TN and loss of 49%TP

Table 3-3: Typical nutrient loading from groundwater, land use and inflows

Note: *OBA 1973; Internal loading estimate is based on several assumptions and the mass numbers have been rounded so as to not give a false sense of precision.



3.3 Sediment Mapping

Sediment accumulation in the north shallows of Vaseux Lake was a major concern expressed by residents and was a focus of this study. Sediment naturally accumulates where flowing water meets still water and this process forms deltas and alluvial fans. The plantbeds themselves do not play a meaningful role in the accumulation of coarse sediment in Vaseux Lake because most sediment arrives during freshet before the plants have put on much growth. However, they will colonize shallow areas and freshly deposited sediment is typically rich in nutrients. A large shallow (<1 m) sand and gravel bar is visible where the Okanagan River enters Vaseux Lake (Figure 3-8). Sediment accumulation within this area is currently faster than can be colonized by plants and so it appears as bare gravel in Figure 3-9.



Figure 3-8: Sand and gravel accumulation at north end of Vaseux Lake in 2017 (left) and 2018 (right)

Sand and gravel drop out of suspension rapidly explaining why the north end shows expanding sandbars. Silts and clays travel further into Vaseux Lake because of their slower fall velocities (~ 20m/day for silt; 1m/day for clay). Most silt should deposit in the lake, while clay-sized particles should be discharged in outflowing water.

The size and shape of the sand and gravel bar has changed significantly within recent years (Figure 3-9). There has also been an expansion of the two main islands and the formation of a third island within the past five years. A large increase in area occurred during 2018 because of the landslide in Shuttleworth Creek (Figure 3-10) in May with the western finger growing by over 70 m. Instability within the Shuttleworth Creek channel indicates that this creek has, and will continue to be, a significant sediment source to Vaseux Lake.



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Figure 3-9: Sediment bar expansion at north end of Vaseux Lake comparing 2012 (yellow), 2016 (white), 2017 (light blue), and 2018 (dark blue) Note: The background photo is from 2016



Figure 3-10: Map of Shuttleworth Creek watershed



3.4 Sediment Sampling and Monitoring – Phase 1 Only

3.4.1 Sediment Core Samples

Assessing the quality of sediment deposited in a lake allows effective basin management. Sediment quality is important because it can act as a sink for nutrients and metals, and conversely it can act as a source of constituents to the overlying water column. Once in the food chain, sediment-derived constituents may pose an even greater concern due to bioaccumulation (e.g., methyl-mercury). Sediment core samples can provide historical sediment deposition as well as magnitudes and trends in nutrients, metals etc. derived from the lake's basin that are associated with sediment.

Every lake accumulates sediment from external materials deposited from inflows and from incomplete decay of aquatic growth within the lake itself. The extent of anaerobic conditions is also relevant because anaerobic conditions reduce decomposition rates by orders of magnitude, thus increasing the rate of sediment accumulation as a lake ages. Further aquatic plants beds produce large quantities of labile organic material and reduce water velocities, both of which can increase sediment accumulation rates.

Sediment Parameter	Rationale
Volatile solids / dry weight	Allows calculation of percentage of organic (decaying plants, algae, etc.)
	and inorganic (sand, silt, clay) in lake sediments
Nutrients T-N P's	Nutrients in sediments are the primary source of nutrients for nuisance
	aquatic plant growth
Metals scan (K S Fe Na Pb	Iron (also Ca Mg etc) determine nutrient mobility from the sediment to the
Ca Cu etc.)	water column

Table 3-4: Selected sediment parameters for Vaseux Lake assessment 2017

The composite sediment cores collected from Vaseux Lake in 2017 showed that for most metals, the highest concentrations were found in the sediments from the deep central basin (Figure 3-12). This suggests that many metals are being sequestered in anaerobic sediment, likely through biological pathways such as sulphate reducing bacteria (SRB). The sediment from the main basins of the lake typically had higher metals concentrations than those that were freshly deposited at the very north end of the lake.

Mercury was below detection in all samples while lead was moderate and below the BC guideline (Figure 3-12). Nickel and iron were the only metals to exceed their respective BC sediment quality guidelines. Vaseux sediment also contained elevated concentrations of arsenic, cadmium, chromium, copper, lead, selenium, silver, thallium, and zinc. Several sediment metals were also higher than the BC average for uncontaminated lakes including aluminum, barium, phosphorus, sulfur, titanium, and vanadium. In the sediment, these do not pose a risk and comparing them to the aquatic guidelines is not relevant but if a rototilling program were undertaken it is likely that the machine would create a plume of turbid water that may exceed the aquatic life guidelines for a period of approximately 24 - 48 hours (Table 3-5). This plume would dilute with the adjacent lake volume over time, and silts would settle in <24 hours; clay particles within 1 week (Table 3-5).



Table 3-5: Size and fall velocity estimates for lake particulates

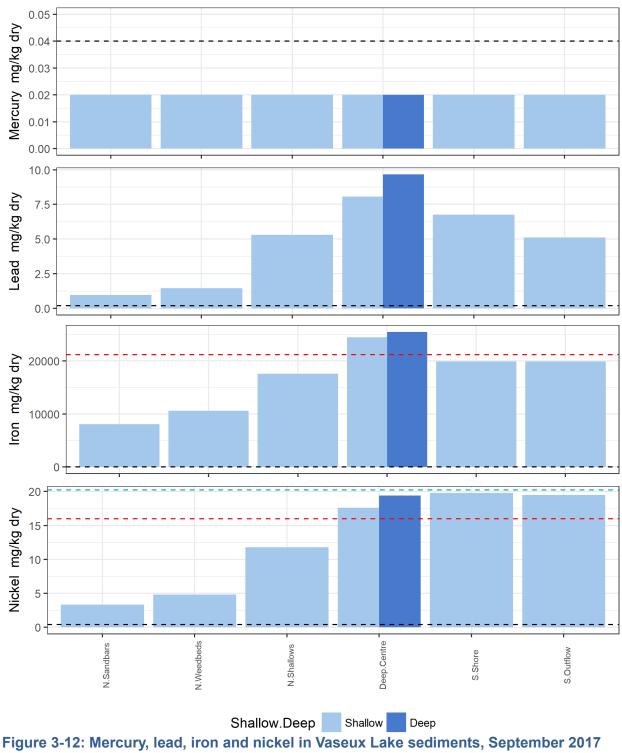
Material	Size	Fall velocity
Inorganic		
Sand	>63 – 100 microns	> 100 m/day
Silt	4 – 63 microns	21 m/day
Clay	0.1 – 4 microns	1 m/day
Biological		
Organic clumps	> 100 microns	>100 m/day
Large algae and diatoms	22 – 70 microns	< 50 m/day
Small algae	6 – 14 microns	<1 m/day
Lrg filament cyanobacteria	5w x 200l microns	0.1 m/day
Sm filament cyanobacteria	1w x 100l microns	>0.007 m/day
Giardia / crypto cysts	4 – 8 microns	0.02 - 0.1 m/day
Bacteria – <i>E. coli</i>	0.7 – 10 microns	>0.0035 m/day
(Dia and Ball 2006, LICCC	2007, House 2000, Lorrott 20	10)

(Dia and Boll, 2006; USGS 2007; Hayco, 2009; Larratt 2010)



Figure 3-11: Plume of suspended sediment from milfoil rototilling in Okanagan Lake at Casa Loma





Note: Black dashed line = RDL; Red dashed line = guideline; cyan dashed line = BC Average; Lead results were far below the guideline and so it is not displayed on the graph



3.4.2 Sediment Traps

The sediment traps were installed in fall 2017 <u>and retrieval was attempted in 2018 but the weather</u> <u>was too windy. They will be retrieved in March 2019 following ice-off and before the 2019 freshet.</u> We know that the annual rate of sediment accumulation will be higher in the north end compared to the south.

3.5 Aquatic Plant Mapping

Excessive aquatic plant growth is not only unpleasant, it can cause serious problems for lake ecology and water flows in the Okanagan River system. These growths can slow water travel through Vaseux, pump nutrients out of the sediments into the water column, provide habitat for filamentous algae and reduce fishery potential in the areas covered by dense Eurasian milfoil beds. Most aquatic plants acquire their nutrients from the substrates through their roots but water column nutrients are also important because they supply phytoplankton (free floating algae) and periphyton (attached algae). Phytoplankton can shade and inhibit the growth of aquatic plants, especially during an algae bloom. Thus, lower phytoplankton populations can increase aquatic plant bed growth. Water column nutrients can also fuel filamentous algae that use macrophytes as a substrate (periphyton) and sometimes lead to unsightly surface blooms. There were no major filamentous algae blooms in 2017 or 2018.

Aquatic plant bed mapping was completed for Vaseux Lake in 2017 and 2018. The mapping was based on aerial imagery, and "ground-truthing" with a grid of GPS'd locations. Aquatic plant beds occurred throughout much of the lake but were most densely concentrated in shallow areas such as the north and south ends (Figure 3-13).

Common species included several native species (*Potamogeton natans*, *Potamogeton pectinatus*, *Potamogeton crispus*, and native milfoil), and invasive milfoil (*Myriophyllum spicatum*). *Potamogeton natans* was by far the dominant species in September 2017 while *Myriophyllum spicatum* was the overall dominant in 2018 (Figure 3-14).



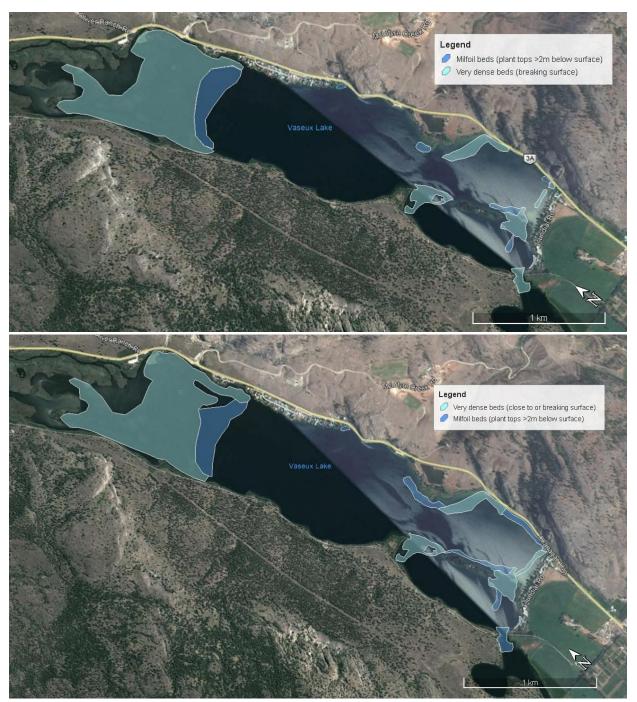


Figure 3-13: Plant beds in Vaseux Lake during September 2017 (top) and 2018 (bottom)





Figure 3-14: Potamogeton natans beds in Vaseux Lake, 2017

When historic mapping of plants beds was compared to 2017 and 2018 mapping, a remarkably similar story emerged (Figure 3-15). The area mapped as plantbeds in 1979 was larger than in 2017 or 2018 in the south end of the lake and similar in the north end. South end weed beds were larger in 2018 than 2017, likely related to the greater percentage of invasive milfoil in that year. Figure 3-15 also compares the density of Eurasian milfoil in the plant beds. The dark green (dense) areas were identified as >90% invasive milfoil in 1979 while the light green (moderate) areas were 30-89% milfoil. In 2017, only the areas identified as "Deep Milfoil" contained any meaningful percentage of milfoil and most of that was native milfoil (*M. exalbescens*) at the time of sampling. During 2018, invasive milfoil dominated the lake again. Lakeshore residents have indicated that invasive milfoil growth varies dramatically from year to year and that 2017 was a particularly light growth year.



Two years are insufficient to determine a trend but the current extent of the plant beds are not dramatically different than they were 40 years ago (Figure 3-15). Their composition, however, is apparently highly variable from year to year. The intense flooding in 2017 may have precluded invasive milfoil growth by causing a longer period of freshet turbidity shading the water column. The 1973 Okanagan Basin Agreement report concluded that," Vaseux has always been a productive lake and the extensive weed growth covering much of the lake's surface will remain an integral part of the lake's environment regardless of a varying nutrient input from Okanagan River." (Canada-British Columbia Consultative Board, 1974)

Algae take their nutrients directly from the water column and can get nutrients and support from macrophyte leaves. Changes in nutrient dynamics. plant growth and turbidity (shading) within Vaseux Lake can have an impact on algae communities. Although nuisance blooms have occurred in the past decade, filamentous green algae populations were small in both 2017 and 2018 and far below nuisance population densities.



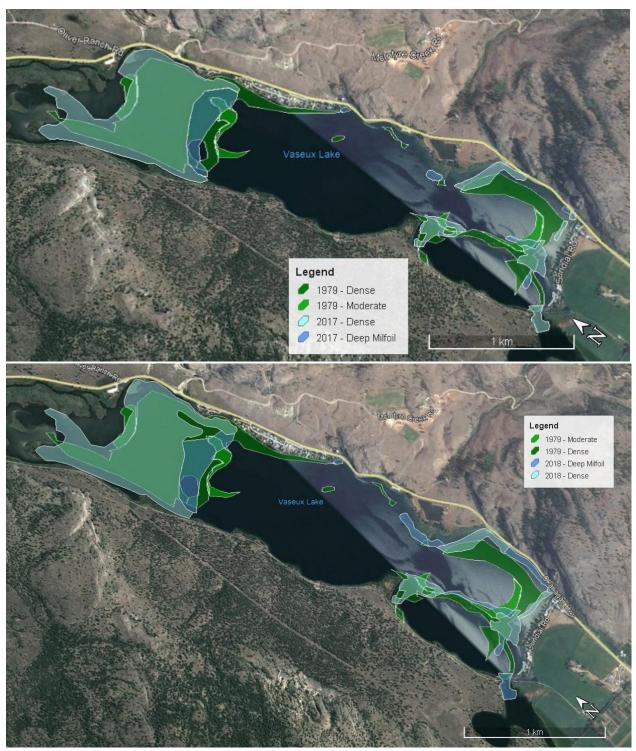


Figure 3-15: Plant beds in Vaseux Lake in 1979 compared to 2017 and 2018



3.6 Land Use Inventory and Survey

Mapping available from RDOS was utilized to inventory the land use in the vicinity of Vaseux Lake. Briefly, there are two residential subdivisions, and a highway in the riparian area, and small forage and vineyards within the watershed. Much of the immediate watershed is undeveloped park (Figure 3-16). The upstream watershed via the Okanagan River is heavily impacted with all forms of development including agriculture industry, forestry, resource extraction, sewage effluent disposal, and urban development housing over 200,000 people.

3.6.1 Immediate watershed land use impacts

Immediately surrounding Vaseux Lake are several land uses with water quality impact potential.

- 1) Highway 97 runs along the entire eastern shore. It is the major North-South traffic route through the Okanagan Valley. This road carries vehicles ranging from motorcycles to large trucks transporting hazardous materials.
- Along the eastern shore between Highway 97 and the shoreline is a subdivision on Vaseux Lake Crescent with ~30 private dwellings. These properties are all on septic systems, many of which are decades old.
- 3) Vaseux Lake Provincial Park and Campground is located near the north end of the lake. This campground has 12 sites and a day-rest area.
- 4) At the south end of the lake is another subdivision along Sundial Rd. with ~20 private dwellings and two seasonal motels. Again, these properties are all on septic systems, many of which are decades old.
- 5) Agricultural land lies to the south of Sundial Rd. and may not impact Vaseux Lake



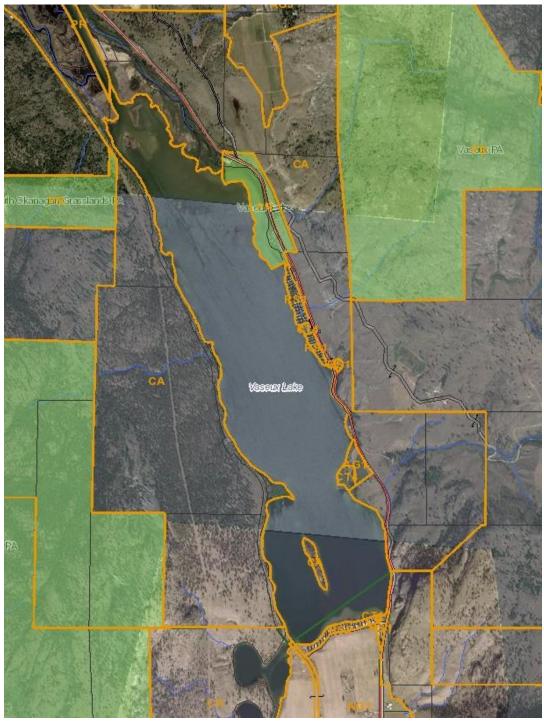


Figure 3-16: Land uses around Vaseux Lake Source: RDOS online GIS system (RDOS, 2018)

3.6.2 Upstream land use impacts

Use of existing literature readily pinpointed the Shuttleworth Creek watershed as a significant sediment source to Vaseux Lake. Challenges with sedimentation from unstable slopes in the Shuttleworth Creek watershed were apparent in the literature and have been documented since at least the 1980's. For example, an Integrated Watershed Restoration Plan for Shuttleworth



Creek and Vaseux Creek watersheds was completed in 1998, which included a Sediment Source Survey (IWRP 1998). This followed a Watershed Restoration Program approved by Forest Renewal BC in 1996 and an analysis of channel stability and sediment sources in 1982 (Hawthorn and Karanka 1982).

A lower reach of Shuttleworth Creek was modified into a sediment trap, and this collects huge volumes of sand/cobble substrate (Figure 3-17). In fall 2017, the sediment trap was dredged. A major slope failure with its watershed in 2018 exceeded the capacity of this trap. Shuttleworth flows generated a sediment plume that travelled to Vaseux Lake and increased turbidity to 75 NTU as measured on May 11, 2018 (Figure 3-18). Fine sediments and nutrients delivered by this plume and the large freshet significantly increased algae production in Vaseux Lake above the historic average throughout the 2018 growing season (Figure 3-3). Instability in the Shuttleworth Creek drainage area will be worst during extreme flow events such as those that occurred in May 2017 and 2018. As the climate changes, the frequency of extreme flow events is expected to increase.



Figure 3-17: Shuttleworth Creek sediment catch basin being cleaned in October 2017





Figure 3-18: Shuttleworth Creek plume entering Okanagan River (top) and extreme turbidity in Vaseux Lake on May 11, 2018 (bottom)



The Okanagan Falls Wastewater Treatment Plant began operating in March 2013. It discharges tertiary treated (phosphorus removed) effluent into Okanagan River 2.5 km upstream of Vaseux Lake. From 2013-2017, the average nutrient load was only 27 ± 16 kg of TP or only 0.9% of the annual load contributed by Okanagan River. Nitrogen compounds are not removed during the WWTP process and averaged 1434 kg TN or only 0.5% of the annual load contributed by Okanagan River (Self, 2017).

The upstream wetlands act as a sediment filter and should also act as a nutrient filter. Although, the effectiveness of the wetlands was greatly reduced when the river was channelized in the 1950's.

4.0 VASEUX LAKE REMEDIATION

4.1 Investigating Vaseux Lake Remediation

The enhancement goals include reducing or reversing the excessive milfoil/algae growth and sedimentation rates in Vaseux Lake. LAC has designed and implemented many reservoir/lake management techniques over the past 35 years. Techniques that were reviewed for Vaseux Lake are provided in Appendix 6: Management techniques. The feasible options for addressing the interrelated concerns with excessive algae and milfoil growth, nutrient and sediment inflows in Vaseux Lake are outlined in Section 4.2.



Lake	Priority	Problem	Cost	Risk	Desired outcome	Possible	Comment
Improvement		addressed				Consequences/challenges	
Technique							
Repairing Shuttleworth Ck. watershed and/or expanding sediment trap	Very High	Sediment, Nutrients	Very High / Moderate	Low	Stabilizing upstream watershed areas would reduce sediment accumulation at north end of Vaseux Lake and reduce nutrient load to Vaseux Lake.	No adverse consequences but significant challenges to stabilize slide-prone unstable riparian areas; upgrading sediment trap size and frequency of cleaning	Shuttleworth Creek identified as main source of sediment to north end of Vaseux Lake for decades; sediment trap may be most feasible option
Rototilling for plant mass removal, root disruption (through OBWB)	Mod	Invasive Milfoil	Low	Mod	Reduction in extent and density of invasive milfoil-leading plantbeds at south end of Vaseux Lake, to occur on high milfoil growth years. Plant removal would also cause some nutrient removal in the plant mass. Rototilling would be timed to minimize bird disturbance	-Damage to/removal of native plant beds. -Sediment resuspension and release of sediment metals to a plume that could exceed aquatic life guidelines for days after the rototilling. -Vaseux Lake is a migratory bird sanctuary so permits required	-Rototilling does not kill plants, and fragments can root and would be required every 2-3 years) -Sediment cores from Vaseux Lake contained moderate - heavy metals concentrations with Ni and Fe exceedances
Designed wetlands upstream of Vaseux Lake	Mod	Nutrients, metals, sediment	High	Low	Wetlands filter inflowing water of nutrients, metals, and settle sediment		Without restoration of Shuttleworth Ck., constructed wetlands in main channel would rapidly clog with sediment
Riparian restoration of other tributaries	High	Nutrients sediment	Not known	Low	Stability of upstream watershed would reduce sediment accumulation at north end of Vaseux Lake and reduction of nutrient loads to Vaseux Lake.	Loss of useable land for agriculture and development if riparian setbacks established	Restoration of riparian areas increases water quality and resiliency to extreme weather events that are recurring more frequently in recent years
Upgrading or removing old septic systems	Mod	Nutrients	High	Low	Old or abandoned septic systems continue to leach nutrients for decades, removal of these nutrient sources will reduce overall nutrient donation to Vaseux Lake	Identifying problem septic fields would be very challenging and expensive – especially extending sewer to the Vaseux subdivisions	Expanding the sewer system to this area would be very expensive and may not result in noticeably lower plant/algae growth

4.2 **Possible Solutions for Vaseux Lake**



5.0 CONCLUSIONS

The source of increasing sedimentation in Vaseux Lake was quickly determined to be the Shuttleworth Creek watershed. A major washout and subsequent flooding in May 2018 carried enough sediment into Vaseux Lake to cloud the entire lake and reduce water clarity to near zero. The large sandbar at the north end of Vaseux Lake expands with each freshet but has grown significantly within the past 10 years forming a new island in the process. Restoration of Shuttleworth Creek or upgrading the sediment collection basin at its mouth is essential if continued rapid expansion of the Vaseux Lake sandbar is to be avoided. Control of the plantbeds will not greatly affect the sedimentation rate in the north end of Vaseux Lake because most sediment is deposited during freshet before the plants have put on much growth. Rather, reducing sedimentation will benefit macrophyte control efforts because fresh sediment is typically rich in nutrients and provides a new growth substrate for macrophytes.

Proliferation of invasive Eurasian milfoil is a concern throughout the Okanagan Valley, including Vaseux Lake. The large shallow areas of Vaseux Lake are ideal habitat for aquatic macrophytes and would be densely populated even if this milfoil was not introduced. The 2017 and 2018 plantbed extents were both smaller than those mapped in 1979 at the north and south ends of Vaseux Lake. In all three years, the same general areas were identified as having dense beds. During 2017, invasive Eurasian milfoil was a minor component of the macrophyte community and native species were dominant throughout the lake. The population shifted in 2018 and was once again dominated by invasive milfoil. Lakeshore residents have confirmed that the composition of aquatic macrophytes varies from year to year. Milfoil also appeared to prefer areas of 3-5 m depth as compared to the very shallow north end that was dominated by native *Potamogeton* species. Overall, the extent and density of invasive milfoil was similar to what was measured in 1979 and indicates that the plantbeds are not rapidly increasing in size. It is unclear if mechanical removal of the milfoil via rototilling will have long-term benefit or if incidental removal of the coexisting native macrophytes will provide more opportunities for invasive milfoil to spread. Rototilling would likely be required every 2-3 years and may release sedimented heavy metals.

Large blooms of filamentous algae have been observed in some years throughout the plantbeds. These were not observed in either 2017 or 2018. Further monitoring of the plantbeds should be undertaken to assess the frequency, intensity and impact of filamentous green algae blooms.

Research conducted from 2013-2017 has not indicted an impact from the Okanagan Falls wastewater treatment plant (WWTP) on the chemistry or biology of Vaseux Lake. An increasing trend in ammonia was noted in Okanagan River upstream of Vaseux Lake but this trend was also present upstream of the WWTP and is attributed to changes within the entire Okanagan Valley watershed and not just Vaseux Lake.

Nutrient loading estimates revealed that Okanagan River inflows make up approximately 90% of nitrogen and phosphorus contributions to Vaseux Lake each year while internal recycling, local agriculture, and septic fields were relatively small contributors.



Piezometer samples around the perimeter of Vaseux Lake indicate that local groundwater contributes nitrogen and phosphorus to Vaseux Lake but the loads are expected to be low relative to other inflows such as Okanagan River. The east shore subdivision piezometer samples were over 8 times higher in phosphate than surface samples in Vaseux Lake while the south shore subdivision piezometer samples were 7 times higher in ammonia than lake surface water.

Enhancement goals include reducing or reversing the excessive milfoil/algae growth and sedimentation rates in Vaseux Lake. We identified five possible approaches that could be taken including restoration and sediment control of Shuttleworth Creek, engineered wetlands, septic field upgrades, and rototilling of plantbeds.

6.0 **RECOMMENDATIONS**

Based on Year 1 and 2 results, we recommend the following be considered by RDOS:

- Obtain funding for retrieval and analysis of sediment traps currently deployed in Vaseux Lake (~\$2000 one-time)
- Restoration of Shuttleworth Creek should take high priority based on catastrophic slope failure in 2018, and resultant flooding and sediment deposition through Okanagan River and the north end of Vaseux Lake.
- Detailed hydrological study should be conducted on Shuttleworth Creek to identify existing and potential future slope failures.
- Expand the capacity of the sediment collection basin at the mouth of Shuttleworth Creek by deepening it if possible, and by cleaning it out every year during summer low flows.
- Long-term plantbed monitoring in Vaseux Lake should be pursued to better understand trends and interannual variation in density and species abundance. This will also be informative in detailing filamentous green algae blooms. One trip each August should be sufficient to update maps and would be relatively inexpensive (~\$3000/year for sampling, imaging and a small report).
- If rototilling is a preferred option for Vaseux Lake remediation, bench testing of metal release from sediments should be pursued
- Obtain special permission from Environment and Climate Change Canada to operate powered watercraft in Vaseux Lake for scientific research. This would reduce the time and cost of future studies on Vaseux Lake.
- If additional funding is secured in future years, completing the hydrogeological survey of Vaseux Lake should be a priority as this will allow the calculation of a full nutrient loading budget for Vaseux Lake.



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8.0 Appendices

8.1 Appendix 1: Water Quality Data Base

30 fr	Curren	t and Propose		<u>BLE 3</u> s in the V	aseux Cree	k Wate	rshed		
U	Sub-basin	Total Area (ha)]	ECA abo DF/MS L (%)		Total ECA (%)			
			1998	2003	2004+ (Info. Blocks)	1998	2003	2004+ (Info. Blocks)	
	Dutton (V-2)	2970	0.8	0.6	0.6	30.5	28.3	28.3	
	Venner (V3-1)	5091	45.3	40.0	40.0	45.8	40.4	40.4	
	McIntyre (V4)	3326	25.3	26.6	26.6	25.3	26.6	26.6	
	Underdown (V5)	2599	26.1	29.5	30.3	27.7	31.6	32.4	
	Solco (V3-1 and V3)	8194	35.3	32.3	32.7	35.5	<u>33.0°.</u>	33.4	
	Upper Vaseux (V4, V5 and V6)	12591	21.1	25.6	26.2	22.9	27.2	27.8	
	POI2	20785	26.7	28.2	28.8	27.9	29.4	30.0	
	POI1	29192	19.5	20.5	21.2	,23.6	25.1	26.1	

Dobson Engineering

The water quality data used in the preparation of this report can be found in the following files: *Vaseux Milfoil Study meterdata.xlsx Vaseux Milfoil WQ.xlsx*



8.2 Appendix 2: Water Quality, Sediment and Tissue Guidelines in BC

Generalized Water G	Quality Gu	idelines for th	e Protection o	f Aquatic Life					
Selected Analytes	Units BC 2006								
Water Quality General				Maximum	30-day average				
рН				6.5 - 9.0	-	6.5 - 9.0			
Dissolved oxygen	mg/L			5 - 9 (min)	8 - 11 (min)	5.5 - 9.5			
					± 20% of				
Total organic carbon	mg/L			-	median	-			
Suspended solids	mg/L			± 25	± 5	-			
Turbidity	NTU			± 8	± 2	-			
Metals									
Aluminum – diss.	mg/L			-	0.02	-			
Arsenic – total	mg/L			0.005	-	0.005			
Cadmium – total	mg/L			Cd calc	-	Cd calc			
Chromium – total	mg/L			-	-	-			
Chromium III ion	mg/L			0.009	-	0.0089			
Chromium VI ion	mg/L			0.001	-	0.001			
Copper – total	mg/L			Cu calc	≤ 0.00004	0.002 - 0.004			
Iron – total	mg/L			0.3	-	0.300			
Lead – total	mg/L			Pb calc	Pb calc	0.001 - 0.007			
Mercury – total inorg.	mg/L			0.0001	0.00002	0.00026			
Nickel – total	mg/L			0.0025 - 0.150	-	0.0025 - 0.150			
Selenium – total	mg/L			0.002	0.00020	0.0010			
Sodium – total	mg/L			-	-	-			
	-				0.00005 (hard				
				(0.0001 if hardness	<100 mg/L) -				
Silver – total	mg/L			<100mg/L) - 0.003	0.0015	0.0001			
Thallium – total	mg/L			0.0003	-	0.0008			
Zinc – total	mg/L			Zn calc	Zn calc	0.03			
Nutrients									
				0.752 - 27.7	0.102 - 2.08	0.019 un-			
Ammonia as N	mg/L			temp/pH table	temp/pH table	ionized			
Nitrate-N as N	mg/L			200	40	13			
Nitrite-N as N	mg/L			0.06	0.02	0.06			
				0.005 - 0.015 for					
Total phosphorus as P	mg/L			lakes	-	-			
Sulphate	mg/L			(100)	218 - 309 calc	-			
Parameter/Analyte	Calcula	tion							
Cd	WQG Short-term = e^[1.03 * In(Hardness) - 5.274]								
Cu	0.94(hardness+2)/1000 BC MoE $CWQG (\mu g/L) = 0.2 * e^{(0.8545[ln(hardness)]-1.465)}$ CCME								
Pb max	e ^{1.273} (In(hardness)-1.46)/1000								
Pb 30 day average	3.31 + _e (1.273 ln(average hardness) - 4.705) in ug/L								
SO4 (proposed 2013)									
Zn max	Hardness(mg/L) soft (0-30)=128 (31-75)=218 hard(76-180)=309 very hard(181-250)								
	(33+0.75(hardness-90))/1000 (7.5+0.75(hardness-90))/1000								
Zn 30 day average	erage (7.5+0.75(hardness-90))/1000								

Water Quality Guideline References

LCR Objectives: Lower Columbia River from Birchbank to the International Border: Water quality Assessment and Recommended Objectives, MacDonald Envi Services Ltd. 1997

BC Water Quality Guidelines http://www.env.gov.bc.ca/wat/wq/BCguidelines Nagpal et al 2006 CCME 2005 Canadian Council of Ministers of the Environment f http://st-ts.ccme.ca/ http://www.env.gov.bc.ca/wat/wq/BCguidelines/sulphate/pdf/sulphate_final_guideline.pdf

Sediment metal quality guidelines									
Selected Analytes	Units	LCR Sediment	BC Working G	uidelines 2006	CCME				
Sediment Quality		Objective	ISQG	PEL	ISQG	PEL			
Total Metals	Dry wt.								
Arsenic	mg/kg	5.7	5.9	17	5.9	17			
Cadmium	mg/kg	0.6	0.6	3.5	0.6	3.5			
Chromium	mg/kg	36.4	37.3	90	37.3	90			
Copper	mg/kg	35.1	35.7	197	35.7	197			
Iron	mg/kg	-	21,200 (2%)	43,766 (4%)	-	-			
Lead	mg/kg	33.4	35	91.3	35	91.3			
Mercury	mg/kg	0.16	0.170	0.486	0.17	0.486			
Nickel	mg/kg	-	16	75	-	-			
Selenium	mg/kg	-	2	-	-	-			
Silver	mg/kg	-	0.5(Ontario)	-	-	-			
Thallium	mg/kg	-	-	-	-	-			
Zinc	mg/kg	120	123	315	123	315			

ISQG = interim sediment quality guideline $(mg/kg = \mu g/g)$ PEL = possible effects level

NOTE: It is noted here that the Objectives cited here are more stringent than the Contaminated Sites Regulations (CSR) Schedule 9 standards for sediment.

According to the 2009 BC Lab Manual for sediment samples, the < 2 mm fraction is analyzed

Sediment Guideline References

LCR Objectives: Lower Columbia River from Birchbank to the International Border: Water quality Assessment and Recommended Objectives, MacDonald Envi Services Ltd. 1997

BC Water Quality Guidelines http://www.env.gov.bc.ca/wat/wq/BCguidelines Nagpal et al 2006 CCME Canadian Council of Ministers of the Environment f http://st-ts.ccme.ca/

Tissue metals guidelines for consumers of fish, wet weight									
	Human Health ¹	Wildlife ²	CCME	BCMOE					
Analyte	μg/g	μg/g	μg/g	µg/g					
Arsenic	3.5	0.47							
Cadmium		0.9							
Chromium		0.94							
Lead	0.5	0.80		0.80					
Mercury	0.5	0.1	0.033						
Selenium	1.8	0.89		0.89					

^{1.} Canadian guidelines for chemical contaminants and toxins in fish and fish products. Based on fish protein (mussel) concentration (Ammend.no.11, 2011). (Can.Food.Insp.Agency 2011)

2 BC MoE 1987 and 2014; CCME 2006



8.3 Appendix 3: Initial reconnaissance sampling

In September 2017, a Hannah multi-meter with GPS was used at 50 + perimeter sites to identify potential sample sites for piezometers (shallow groundwater) and lake sample sites Figure 2-1. This effort showed uniform conditions around the perimeter of the lake and resulted in no changes to the sampling program design.

pH pH averaged 7.66 \pm 0.09 along the developed eastern shore and 7.57 \pm 0.09 along the south shore. These values were significantly different, but that difference was very small (T-test, p<0.001; Figure 8-1).

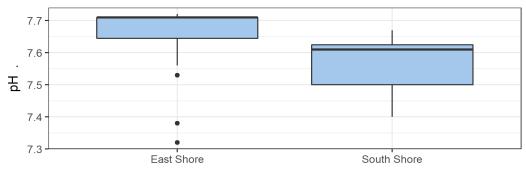


Figure 8-1: pH results from shoreline survey

Temperature Water temperature averaged 16.2 ± 0.1 °C along the eastern shore and 16.6 ± 0.6 °C along the south shore. The slight difference was statistically significant but again, very small (T-Test, p<0.001; Figure 8-2). The south shore had a higher average temperature and a larger range in temperatures and this was caused by very shallow water in that area.

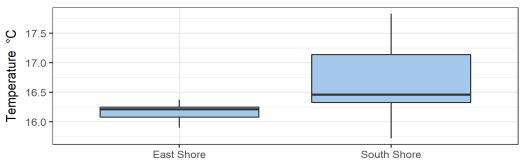


Figure 8-2: Temperature results from shoreline survey

Dissolved oxygen Dissolved oxygen was excellent along both shores and averaged 9.1 ± 0.3 mg/L on the east shore and 8.8 ± 0.1 mg/L along the south shore. These differences are very small and are not meaningful from a lake health perspective.

Conductivity & **total dissolved solids** Conductivity and TDS were very similar and averaged 274 \pm 1 μ S/cm and 137 \pm 1 mg/L respectively along both shores. These are the parameters that would be affected if there was localized loading of metals or nutrients. Their uniform results



indicate that point source loading was not detected in these shoreline survey profiles.

8.4 Appendix 4: Metals Exceedances in Groundwater Samples from 2017

Several of the groundwater sites exceeded the BC MoE Aquatic Life MAC Guidelines and the Canadian Drinking Water Guidelines for various metals while none of the lake samples exceeded guidelines (Table 8-1, Table 8-2). Vaseux Piezo 2 (located at S Prov Park) contained the most exceedances in terms of both number and scale. This piezo contained very muddy water and was not representative of true groundwater. These results are still concerning because they indicate that the soil along the shore of Vaseux Lake contains elevated heavy metals such as arsenic, cadmium, chromium, lead, and zinc. All six piezometers contained elevated chromium concentrations that exceeded the aquatic life guideline while the two deeper wells did not. Conversely, the two deeper wells exceeded the aquatic life guideline for copper. Piezo 3 exceeded the drinking water lead guideline while several sites exceeded the aquatic life guideline for zinc including both wells. Finally, the well on Sundial Rd. exceeded the drinking water guideline for uranium. This is concerning from a health perspective as that is a domestic well. However, this result does not signify contamination as the Okanagan region is naturally high in uranium. Of important note is the fact that mercury did not exceed relevant guidelines in either the lake or groundwater samples collected in Fall 2017.

Site	Date	As	Cd	Cr	Cu	Fe	Pb	Se	Th	U	Zn
Vaseux Piezo 1	2017-11-08	~	✓	0.00106	~	13.3	~	✓	✓	✓	~
Vaseux Piezo 2	2017-11-08	0.0463	0.00137	0.0685	0.163	69.2	0.0565	0.00274	0.000556		0.334
Vaseux Piezo 3	2017-11-08	~	~	0.00799	~	7.25	0.0104	~	~	~	~
Vaseux Piezo 4	2017-11-08	~	~	0.00128	~	0.681	~	~	✓	~	0.0814
Vaseux Piezo 5	2017-11-08	~	~	0.00227	~	2.7	~	~	✓	~	✓
Vaseux Piezo 6 Well @ Prov.	2017-11-08	~	~	0.00129	~	1.09	~	~	~	~	~
Park Well @ Sundial	2017-10-12	~	~	✓	0.0141	0.816	~	~	~	~	0.125
Rd.	2017-10-12	~	✓	~	0.0187	1.15	~	✓	~	0.0276	0.187

Table 8-1: Exceedances of guidelines in groundwater chemistry samples from Fall 2017

Note: Red text=CDWG exceedance only; black text=BC MoE Aquatic Life MAC exceedance only; blue text=exceedance of both guidelines; ✓ denotes results met applicable guidelines. | Vaseux Piezo 2 had a low volume and contained substantial sediment, likely explaining the greater number and scale of exceedances at that site.

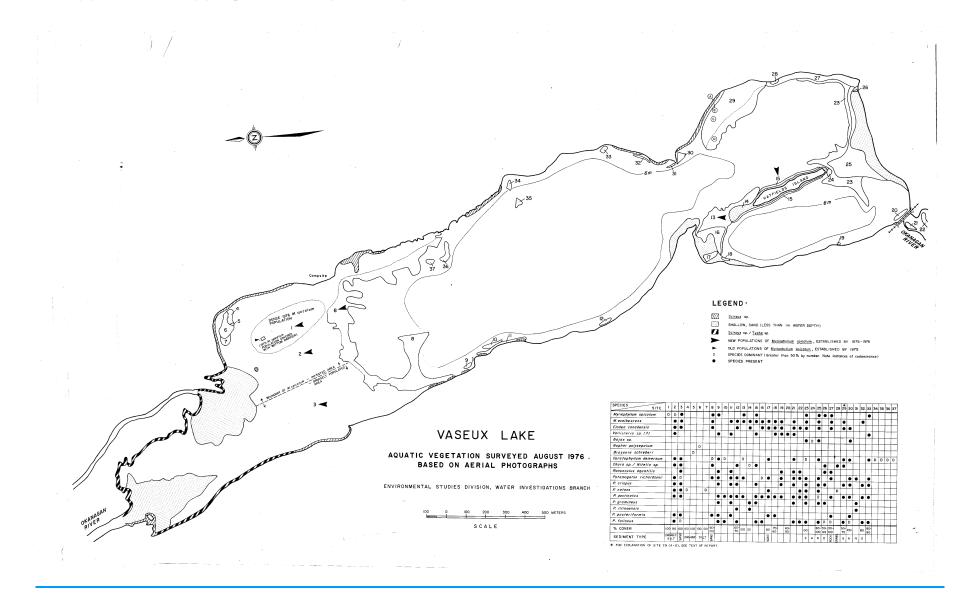
Table 8-2: Exceedances of guidelines in surface water chemistry samples from Fall 2017

Site	Date	As	Cd	Cr	Cu	Fe	Pb	Se	Th	U	Zn
NW weed beds		~	~	~	~	~	~	~	~	~	~
N end Vaseux		✓	✓	~	✓	~	~	~	~	~	~
NE weed beds		\checkmark	✓	✓	✓	~	~	~	✓	~	~
E shore comp.		\checkmark	✓	~	~	~	~	✓	~	~	~
S weed beds		✓	~	~	~	~	~	~	~	~	~
S shore comp.		✓	✓	~	~	✓	~	~	~	~	~
Control area		~	~	~	~	~	~	~	~	~	~

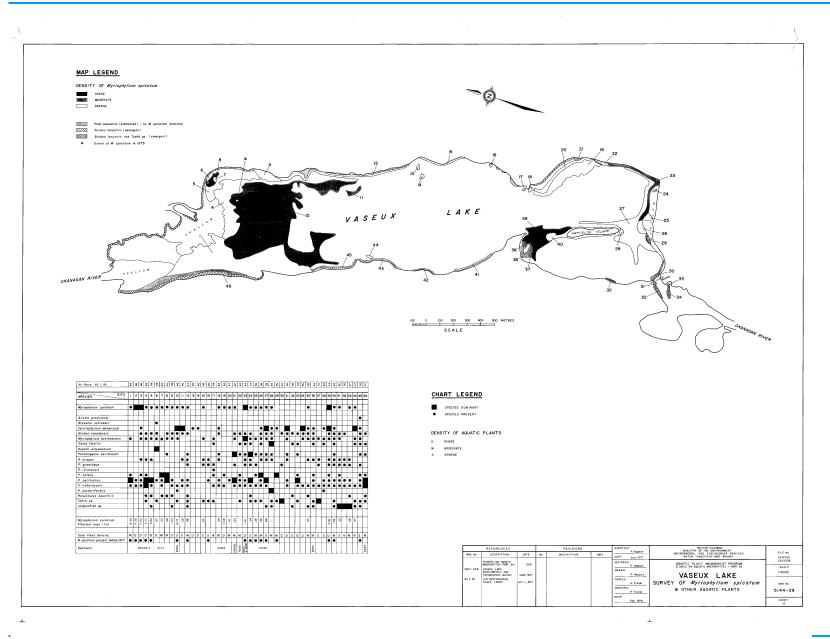




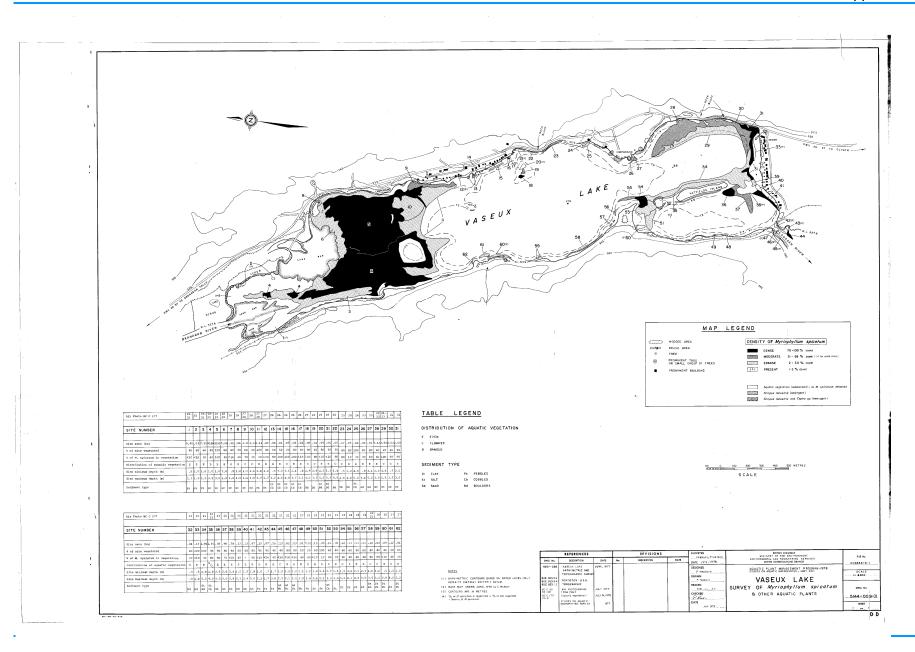
8.5 Appendix 3: Mapping – Historic plant maps



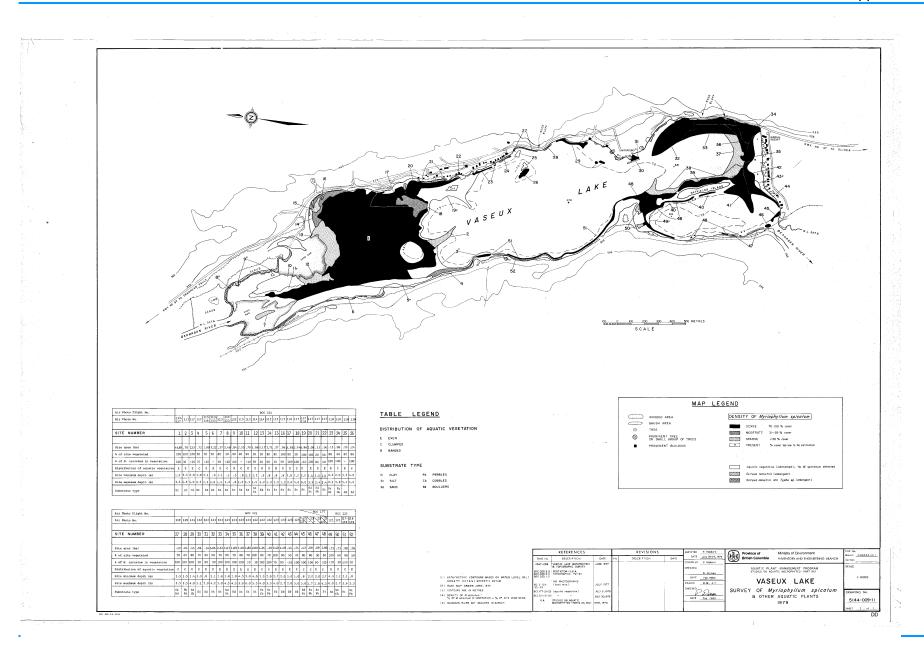














8.6 Appendix 6: Management techniques

Problem addressed:	Lake Improvement Technique	Examples of LAC Experience
Algae, Nutrients Sediment	aeration both stratification-retaining and destratification systems to improve water quality and reduce anaerobic sediment accumulation	Rose Valley Reservoir, Logan Lake Heustis Pit Lake
Algae	algae control with nutrient management and ionized copper	Rose Valley Reservoir, McKinley Reservoir, Garnett Valley Reservoir
Milfoil	lofted fabric barrier, limestone cap barrier	Logan Lake, Okanagan Lake, McKinley Reservoir
Milfoil, Sediment	reservoir re-contouring, mechanical removal	McKinley Reservoir, Kalamalka Lake
Nutrients, Sediment	strategic water wasting	McKinley Reservoir, Rose Valley Reservoir,
Nutrients, Milfoil	sediment capping with limestone to prevent nuisance aquatic plant growth	Okanagan Lake at Pritchard Arm
Sediment	increasing channel stability upstream of lake addressing point-sources of sediment	Mission Ck watershed, Lambly Ck watershed,
Milfoil	rototilling for plant mass removal, root disruption (OBWB)	Kalamalka Lake, Okanagan Lake
Sediment	alternate treatment of stormwater in constructed wetlands designed for periodic sediment removal	Kelowna, West Kelowna stormwater management
Nutrients, metals	nutrient and metal attenuation in designed wetlands with subsurface drainage through anaerobic media	Highmont tailings pond HVC, Bethlehem tailings pond HVC
Nutrients sediment	riparian stabilization helps prevent contaminants, nutrients, sediment from reaching the lake	Logan Lake constructed inflow wetlands, Highmont tailings pond HVC.



----- End of Report -----